

Children's Behavioral Health System State Board
March 9, 2021 9:00am – 2:00pm
Virtual Zoom Meeting
MEETING MINUTES - DRAFT

BOARD MEMBERS PRESENT:

Kelly Garcia (co-chair)
Brad Niebling (co-chair)
Andrew Allen
Darci Alt
Senator Jeff Edler
Scott Hobart
Nalo Johnson
Carol Meade

Mary Neubauer
Dr. Nate Noble
Okpara Rice
Jason Sandholdt
Beth Townsend
Shanell Wagler
Richard Whitaker

BOARD MEMBERS ABSENT:

Representative Timi Brown-Powers
Melanie Cleveringa
Dan Cox

Peggy Huppert
Senator Liz Mathis
Representative Shannon Lundgren

OTHER ATTENDEES:

Marilyn Altoff
Barb Anderson
Theresa Armstrong
Tasha Beghtol
Kris Bell
Representative Dennis Bush
Deb Bush
Rachel Cecil
Molli Cook
Jacque Coulson
Tamee DeCoursey
Wendy DePhillips
Erin Drinnin
Linda Duffy
Marissa Eyanson
Tami Gilliland
Emma Hall
Janee Harvey
Matt Highland
Mae Hingtgen
Sandi Hurtado-Peters
Chad Jensen
Misti Johnson
Kathy Johnson
Michelle Johnson
Nathan Kirstein
Courtney Kopfenstein
Mona Krugger

Todd Lange
Nicole Mann
Robin McKee
Cayleen Mesecher
Erin Monaghan
Sharon Nieman
Hannah Olson
John Parmeter
Analisa Pearson
Caitlin Pedati
Rhonda Rairden-Nelson
Jordan Rico
Jennifer Robbins
Flora Schmidt
Debra Schrader
Dawn Sickelka
Roberta Sloat
Joseph Smarro
Michele Tilotta
Annie Uetz
Jen Weidman
Tammy Wetjen-Kesterson
Ryenne Wood
Russell Wood
Chaney Yeast
Stephanie Yeoman

MATERIALS REFERENCED:

February 9, 2021 Meeting Minutes

https://docs.google.com/presentation/d/1mMH9RY7K1VzVlnsLCf_O3dk32pu1--wspUMt6NhZGnA/edit#slide=id.p1

Families First PowerPoint Presentation

Assessment Center Model PowerPoint Presentation

Children's Meeting Topic Workplan

Welcome and Introductions

Director Kelly Garcia and Brad Niebling called the meeting to order at 9:01 am and thanked everyone for attending the meeting. Quorum was established with fourteen members present virtually.

Review & Vote on Approval of Meeting Minutes

Andrew Allen made a motion to approve the February 9, 2021 meeting minutes. Carol Meade seconded the motion. The motion passed unanimously.

Director Updates

Director Kelly Garcia provided an update from the DHS and IDPH regarding funnel week in the legislature and budget focuses, vaccination distribution progress, one-year anniversary of COVID-19 in Iowa, acknowledging the work that has been done, and looking at what the behavioral health response should look like moving forward as we work to support individuals who have been impacted by COVID including front-line workers and families, and how we address gaps in support. The Board had a conversation regarding pediatric health homes and the need to add this topic to the agenda for a future meeting.

Marissa Eyanson welcomed Rich Whitaker to the Children's Board. Rich has replaced John Parmeter as the representative from the Mental Health and Disability Services Commission. Marissa provided an update on 9-8-8 and the State Planning Grant. Federal legislation was passed to transition the current National Suicide Prevention Lifeline number (1-800-273-8255) to the three digit number 9-8-8 by July 16, 2022. Vibrant, the contractor for the lifeline, released a planning grant opportunity for states to apply for to assist with the transition. Iowa Department of Public Health (IDPH) was awarded a grant and is partnering with the Department of Human Services (DHS) on its administration. A Coalition comprised of various stakeholders has been formed to develop Iowa Implementation Plan, which will include creating a structure for integration of 988 into the existing crisis care continuum, funding and communication strategies, and capacity building to increase the call numbers that are answered in the state. The final implementation plan is due to Vibrant and SAMHSA by December 31, 2021. The Coalition will be meeting monthly between April and September. These meetings are open to the public and information can be found on the DHS website <https://dhs.iowa.gov/mhds/crisis-services/988-planning-grant>.

Brad Niebling shared a PowerPoint with the Board providing updates from the DE, including an update on the Therapeutic Classrooms grant, Conditions for Learning Survey and Bullying and Harassment Prevention and Response. The presentation with links can be found at https://docs.google.com/presentation/d/1mMH9RY7K1VzVlnsLCf_O3dk32pu1--wspUMt6NhZGnA/edit#slide=id.p1

Addressing Self-Harm in Youth

Dr. Caitlin Pedati, Iowa Department of Public Health (IDPH) State Epidemiologist and State Medical Director provided an update on the efforts that have occurred regarding the increase in

reports of attempted self-harm among adolescent females across the state. Dr. Pedati indicated that they have been pulling together a team of individuals from IDPH, Poison Control Center and federal partners at the Centers for Disease Control (CDC) and Substance Abuse Mental Health Service Administration (SAMHSA) to look at assessing what has been happening over the last several months as well as the available resources. Objectives of the team are to 1.) Better characterize current trends in Iowa comparing them to historic information and national trends and 2.) Pull together resources and supports needed to address the ongoing issue.

The Board discussed outreach to families of youth struggling and what this looks like including references and referrals like Your Life Iowa, NAMI, crisis hotline, Psychology Today website, etc., and the importance of sharing this information through social media and other non-traditional methods.

Families First

Jane Harvey with DHS presented an overview of the Families First Prevention Services Act and how it is being rolled out across the state. Signed into law in February 2018 with the premise that children do best in families, the Act is a funding bill with a philosophy of shifting the system to focusing on family well-being, strengthening family connections and preventing foster care placement.

The Board had conversations regarding kinship placements and Medicaid/Hawki eligibility, the kinship navigator program currently being used in Cedar Rapids, the Federal Clearinghouse Model versus the California Clearinghouse Model for evidence-based practices (EBP), the EBPs currently utilized in Iowa, and Neurodevelopmental and Comorbid Condition (NACC) specialized beds.

Juvenile Assessment Centers

Molli Cook, Executive Director, National Assessment Center Association (NAC) presented an overview of the Assessment Center Model and how NAC advocates for and supports assessment centers. Nicole Mann, Eastern Iowa DECAT, provided information regarding Scott County Kids and the assessment center currently being developed in Scott County.

The Board discussed how assessment centers interact with insurance in terms of helping families pay for recommended services, prevention versus acute response model, importance of screenings, experience of staff who do the assessments, diversion of youth from entering the Juvenile Court System, and the need to identify what services are necessary to help keep kids out of the system and where those gaps are so funding can be secured.

Break for Lunch

The Board broke for lunch from 11:35 am to 12:06 pm.

Crisis Intervention Training (CIT)

Joe Smarro, CEO of SolutionPoint+ provided an overview of Crisis Intervention Training (CIT), including what the training entails and successful outcomes, pointing out the need to open up the silos between law enforcement and behavioral health and to share the gaps, indicating that training is important, but it is equally important to have resources in place to assist.

The Board had conversations on systemic mapping, gaps in service specific to kids, jail diversion programs, compassion fatigue and moral distress, opportunities to look at what were are teaching in schools, and educating kids about wellness and self-care.

Planning for Future Meetings

Marissa Eyanson reviewed the new meeting schedule with the Board and led the Board through a discussion on future agenda items. Marissa noted that since Beth Townsend was unavailable to present on Workforce Subcommittee recommendations that this agenda item would be pushed to May. The Board also requested to have updated information regarding universal screenings, an update from the Metrics Subcommittee, and an update on progress by the MHDS Regions on the implementation of Children's Services at their next meeting. The Board indicated they would also like to have a one hour parent panel or youth panel discussion at an upcoming meeting.

Public Comment

Linda Duffy, Child Health Specialty Clinics, thanked the Board for their earlier discussion regarding pediatric health homes and expressed concern on whether the conversations needed are going to take place and have any influence before the March 30th deadline for public comment. Linda noted that she believes the majority of the public input has been limited to the provider workgroup that was set up to look at the methodology as well as the provider associations, Iowa Association of Community Providers (IACP) and the Iowa Behavioral Health Association (IBHA). Providers who don't belong to those provider associations don't feel well informed.

Adjourn

Marissa Eyanson and Brad Niebling thanked the Board and the public for their participation during the meeting.

Meeting adjourned at 1:20 pm.

Minutes respectfully submitted by Wendy DePhillips.